

Exercises of Pupil's Book

2 Look and say

2 Look and say

1



2



3



4





You should play sports.
You shouldn't watch a lot of television.

1. You should play sports. You shouldn't watch a lot of television.
2. You should go to bed early/at eight o'clock. You shouldn't go to bed late/at eleven o'clock.
3. You should eat salad. You shouldn't eat a lot of ice cream.
4. You should drink water. You shouldn't drink a lot of Fizzy drinks.

3 Talk about you

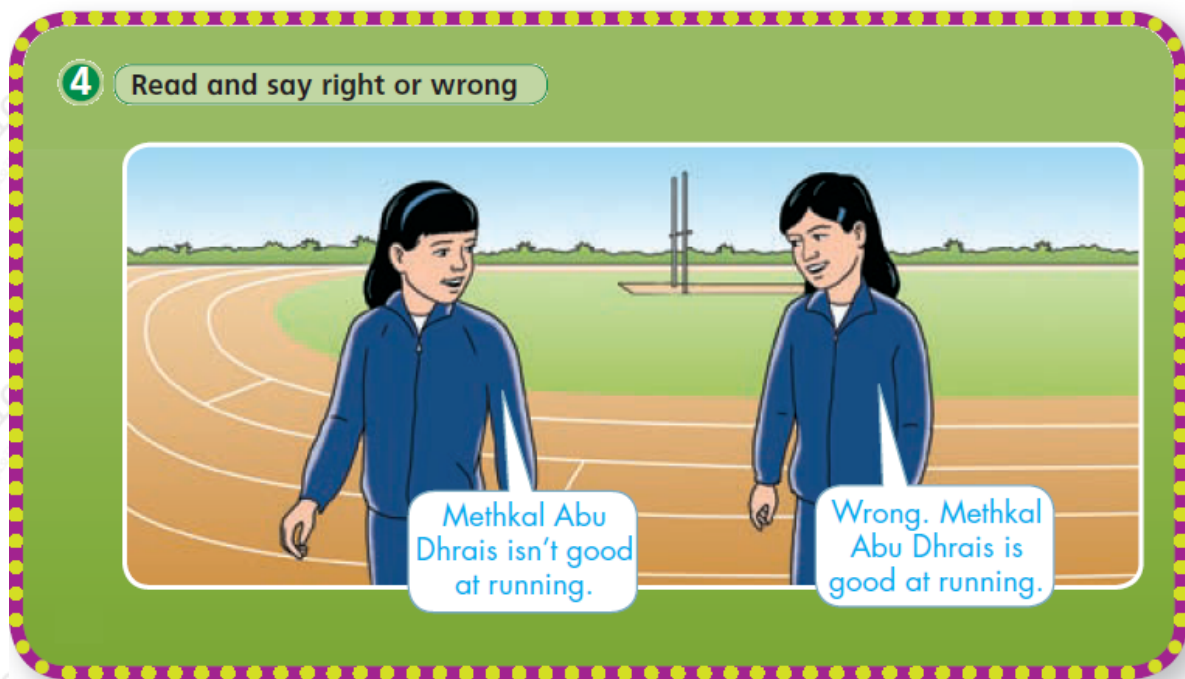
1. I play sports, so I am healthy.
2. I eat fruit and vegetables, so I am healthy.

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3. I am tired because I go to bed early.
4. I have a lot of energy because I play sports.

4 Read and say right or wrong



1. Methkal Abu Dhrais isn't good at running.

Wrong. Methkal Abu Dhrais is good at running.

2. Methkal Abu Dhrais ran for Jordan in the Olympic Games.

Right.

3. You shouldn't do some exercise every day.

Wrong. You should do some exercise every day.

4. Your heart isn't a muscle.

Wrong. Your heart is a muscle.

5. Your muscles work hard when you do exercise.

Right.

6. Your heart doesn't go fast when you do exercise.

Wrong. Your heart goes fast when you do exercise.

7. Playing sports isn't good for you.

Wrong. Playing sports is good for you.

6 Match and say

6 Match and say

• should • shouldn't

1. (b) He's got a stomachache. He shouldn't eat a lot of cakes.

2. (a) He shouldn't drink a lot of fizzy drinks. He should drink water.
3. (c) She's got a toothache. She should go to the dentist's.